

Orchard View
GARDENS
BY THE MISSISSIPPI
ALMONTE

The Monthly Review

August 2024



219 Paterson Street

Almonte, Ontario. K0A 1A0

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www.orchardviewmississippi.ca –



/orchardviewmississippi

Resident of the Month: Brenda Schaller

Written by: Clare Cloutier

Brenda Schaller was born to Richard and Ethel Dunphy on May 7, 1931, just down the road in Carleton Place. She grew up as the youngest of 6, with 4 older brothers and 1 older sister teaching her the ropes. Richard worked for *CP Rail* and during the summer holidays, the family would take the train to the East Coast to visit family and sometimes venture down to Boston, MA to visit an aunt. The family was very musically inclined, Ethel taught piano lessons in the home to bring in extra income, and the siblings all routinely practiced their instrument skills until they left the nest. Brenda went on to play the organ for many years into her adult life.

Ethel passed away when Brenda was just 8 years old, therefore she was brought up by her doting father and her siblings. She attended both elementary and high school in her hometown of Carleton Place, where she played softball, joined the canoe club and made many lifelong friends. Following graduation, Brenda went to business school and from there began working in the city of Ottawa. As a young woman, she found solace in golf and met her future husband Paul on the green.

Paul and Brenda married in December of 1959 and moved to Arnprior to start their life as a married couple as Paul worked for *Boeing*. Their first child Mike was born in 1960, and Sue came along two years later in 1962. In 1964 the family headed south and moved to Morton, Pennsylvania when Paul was transferred to *Boeing's* Philadelphia office. Their third child, Chris, was born in 1965 and six months later, the Schaller's were homeward bound back to Canada. At the time Arnprior had slim pickings in the housing department, which forced the family to broaden their horizons and look elsewhere. They found what they were looking for at 172 St Paul Street in Almonte, a family home close to the Mississippi River where they resided for the next 54 years.

Brenda was an active member of the community, a PTA and CWL member from the time the kids were young as well as volunteering with the Canadian Cancer Society, a foundation that was important to her being a multiple cancer survivor. She was awarded the Almonte Representative for the Roadsters, a theatre group based out of Smith's Falls. When her youngest son Chris started school, she got a job helping a friend at her local corner store. During this time, she took accounting and insurance classes and got a job in the insurance business which she did for 15 years.

The family took annual summer holidays in August, which they would use to venture down to the States, usually staying somewhere with a pool to keep the kids occupied. When the children were out of the house, Paul and Brenda took many weekend getaways. Their travels included trips to Watertown, Lake Placid, Vermont and Pennsylvania usually to golf. Staycation weekends included many canoe trips upriver, since they lived just a block away this was easy and convenient for them. During the colder seasons, the pair loved to go out skiing, or to the local rink to curl. Paul retired in 1989 and passed a short while later in 1994, this however did not slow Brenda down. Being the independent force of nature that she is, Brenda embraced her new life alone; continuing to live in their Almonte home, tending to the gardens and yard, and even going on some new adventures with her girlfriends. She was always keeping busy between day trips with the Roadsters to see plays, or her more extravagant getaways to Florida, Greece, Hawaii, and the Agawa Canyons. In her spare time, Brenda loved to knit, sew, read, bake, garden, curl, and golf. She was a member of the curling club until 2020 and an avid golfer until 2021, however, she still loves to watch golf, curling, or horse races on TV to get her sports fix.

Once the 2020 COVID pandemic took over the world, Brenda found living alone difficult in a time of uncertainty, until she found Orchard View. She moved in on October 1st, 2020, and hasn't looked back! You'll often see Brenda out listening to Joe on piano, axe throwing in the atrium, socializing with friends, or keeping tabs on our furry friends from her north side suite. My personal favourite quality of Brenda's is her humour and quick wit. When asked if she enjoys her meals here, she replied "What's not to like? You don't have to make it and you don't have to clean up!" Thank you to the wonderful Brenda herself and her lovely family for sharing her story with me.





Ride the LT

It's safe, easy & affordable!

PICK UPS THROUGHOUT MISSISSIPPI MILLS TO ALMONTE

1st and 3rd Thursday of each month

PICK UPS THROUGHOUT MISSISSIPPI MILLS TO CARLETON PLACE

2nd and 4th Thursday of each month

lanarktransportation.com

	AM	AM	PM		AM	AM	PM
Mississippi Mills Library (Almonte)	10:00	10:45	11:30	Mississippi Mills Library (Almonte)	10:00		12:25
Almonte General Hospital	10:10	10:55	11:40	FreshCo	10:20	11:05	11:50
Shoppers Drug Mart	10:20	11:05	11:50	Tim Hortons	10:25	11:10	11:55
Independent	10:25	11:10	11:55	Walmart	10:30	11:15	12:00
Tim Hortons	10:35	11:20	12:05	Giant Tiger	10:35	11:20	12:05

ONLY \$2 PER PERSON

You choose!

Two stops of approx. 45 mins each
or one stop of approx. 90 mins.

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Keep on Smiling



We are feeling the family vibes





Employee of the Month : Shayla

Congratulations to Shayla for being the employee of the month for August. You may have seen Shayla at Reception, or in the Dining Room serving residents their meals, maybe it was in Nursing as a new PSW! Regardless of where you may know Shayla from, you will remember that quiet voice and big heart. Shayla has been working at OVG for a couple of years now and she can't get enough. Shayla loves the Residents, she is always wanting to keep busy and help where and when she can. We thank Shayla for all her hard work for so many of our internal departments. We can't wait to see what great things you will do next!

Special Events in August

August 7th Financial Advisory Presentation from Jean (everyone is welcome)

August 8th Watermelon Crawl

August 14th Gravitational Surveyor Kevin MacNabb Presents on his trip to Africa

August 15th Birthday & Anniversary Dinner

August 22nd Ice Cream Social (friends and family members welcome)

VIP MEMBERSHIP

If you are looking for a place to come to participate in activities and enjoy 2 free meals, join our

Friendly Neighbourhood Program.
\$50/year

Call Julie for more details.

Open Activities

~ Bistro ~ Puzzle Tables ~ Joe on Piano

~ Wellness Centre Bike and Walking Bars

~ Adult Colouring ~ Bingo

~ Bingo with Joanna and Friends

~ Massage Chairs (Wellness Centre/2nd Floor Lounge/3rd Floor Lounge)

~ Tuck Shop ~ Scrabble

~ Church Services / Rosary Prayers

~ Fitness classes on Main & 3rd with Almonte Physio

~ Door to Door Mind Work Games

~ Musical Entertainment & LOTS MORE!



A luxurious, spacious two bedroom is ready for you!

Come and enjoy an enriching environment filled with activities, freedom, & social opportunities. Where the chores are done for you, delicious meals are served and you have peace of mind knowing that support is here when you need it.

Anita is very happy she made the move!

Call Julie for more information.

Amenities & Services

24-Hour Nursing Staff	Wheelchair
Chapel Services	Accessible Bus
Wellness Centre—Physio	Pool & Shuffleboard Table
Emergency Response System	Bus Trips and Shopping Trips
Foot Care Nurse	Library
Full Service Dining Room	House Physician
Hearing Aid Clinic	Snack and Beverage Bistro
Hair Salon	

Testimonial ~ Dancing with Parkinson's

A new online program that encourages movement to those that live with Parkinson's.

Dan- It gives me a challenge & freedom of movement to music. I don't have to be perfect every time.

Araina -It brings people together to dance. I love how the instructor has different tempos that move all parts of my body. It let's me wear off some steam and we get to ask questions and get good answers.

Laugh out Loud with Orchard View

What word reads the same right side up and upside down?

Swims!

What do pirates and swimmers have in common?

They both love cannonballs!

What does a popsicle tell an angry ice cream bar?

Chill out!



Financial Advisor Jean Ouellette, Quadrus Investment Services Ltd

We worked hard to provide us and our families with a comfortable lifestyle. The time comes when we decide to retire. Are we done planning? No, we are not. The next stage is the estate planning. On August 7th, we will discuss the following topics. Some we all know about but tend to leave it aside for another time.

1. The importance of a will and power of attorney. When was the last time you updated it?
2. Beneficiary Designation
3. Tax Planning
4. Trusts
5. Charitable Giving
6. Healthcare Directives
7. Digital Assets
8. Professional Advice
9. Communication with Family



Vendemmia

Orchard View
GARDENS
BY THE MISSISSIPPI
ALMONTE

Open House & Grape Stomp

Saturday, September 28th, 2024

1:00-3:00pm



Tours

Food & Wine



Live Music by Duo Oz

RSVP AT OVMRECEPTION@OVLIC.COM OR

CALL 613-963-5000

219 PATERSON STREET ALMONTE ON